



香港扶幼會盛德中心
Society of Boys' Centres Shing Tak
Centre



香港扶幼會盛德中心學校
Society of Boys' Centres Shing Tak
Centre School

Australia & Melbourne Cultural & Conservation Exchange Tour 18~25 JUNE 2026



遊學日誌

學生姓名：_____

班 別：_____



社會福利署資助服務
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澳洲介紹

澳大利亞聯邦，簡稱「澳大利亞」，是全球面積第六大的國家。其領土面積7692024平方公里，四面環海，是世界上唯一國土覆蓋一整個大陸的國家，因此我們使用「澳洲」代替「澳大利亞」。擁有很多獨特的動植物和自然景觀的澳洲，是一個奉行多元文化的移民國家。澳大利亞（Australia）一詞，原意為"南方的大陸"，由拉丁文terraaustralis（南方的土地）變化而來。歐洲人在17世紀發現這塊大陸時，誤以為是一塊直通南極的陸地，故取名"澳大利亞"。澳洲的貨幣是澳幣，代碼：AUD。





澳洲背景資料

Background Information of Australia



Australia is the largest country by area in Oceania and the world's sixth-largest country. The Dutch were the first known Europeans to reach Australia, in 1606. British colonisation began in 1788. Australia is comprising six states and ten territories. Canberra is the nation's capital, while its most populous cities are Sydney, Melbourne, Brisbane, Perth and Adelaide. Its abundant natural resources and well-developed international trade relations are crucial to the country's economy, which generates its income from various sources: predominantly services (including banking, real estate and international education) as well as mining, manufacturing and agriculture. It ranks highly for quality of life, health, education, economic freedom, civil liberties and political rights. Australia has a highly developed market economy and one of the highest per capita incomes globally. The name Australia is derived from the Latin Terra Australis ("southern land"), a name used for a hypothetical continent in the Southern Hemisphere since ancient times. Because of the continent's great age, extremely variable weather patterns, and long-term geographic isolation, much of Australia's biota is unique. Australia is also one of 17 megadiverse countries. Australia's high-income mixed-market economy is rich in natural resources. Sydney is the largest populated area in Australia in 2021. Although English is not the official language of Australia in law, it is the de facto official and national language. Australia has no state religion. The largest religion is Christianity. Education is Australia's third-largest export, after iron ore and coal.



行程 Itinerary

Day 1 18 June Thu	● (一) 早上7時50分於學校集合 (乘旅遊車前往機場) 或 ● (二) 早上8時30分於香港赤鱗角機場集合 ● 由領隊協助辦理登機手續 ● 乘客機 CX163 (11:15/22:15) 飛赴澳洲墨爾本 ● 航機上享用午、晚餐 ● 抵達墨爾本，乘旅遊車前往酒店 ● 入住酒店 ## 領隊帶領，巡視走火通道 ● 酒店休息 ## 第一天：穿著學校運動服
Day 2 19 June Fri	● 早餐於酒店內 ● 自然與氣候學院 (教育項目：Farming For Our Future) ● 參觀墨爾本大學 (由大學生帶領參觀與交流互動，並體驗校園用餐) ● 搭乘墨爾本環城電車 #City Circle Tram ● 參觀聯邦廣場、弗林斯德街火車站 ● 晚餐 ● 返回酒店 ## 第二天：穿著學校運動服
Day 3 20 June Sat	● 早餐於酒店內 ● 全天大洋路一日遊 【澳洲保育】 ● 大洋路起點路牌 ● 阿波羅灣海邊小鎮 ● 十二門徒岩 【澳洲保育】，大洋路最著名的地標，壯觀的石灰岩海蝕柱群 ● 洛克阿德峽谷 【澳洲保育】，以1878年沉船故事聞名，海灣景色壯麗。 ● 晚餐 ● 返回酒店休息 ## 第三天：穿著整齊便服

行程 Itinerary

Day 4
21 June
Sun

- 早餐於酒店內
- 普芬比利蒸汽小火車
- 午餐
- 前往菲利普島 (Phillip Island)
- 參觀樹熊保育中心 (Koala Conservation Centre)
是專門保護樹熊及其棲息地的自然保護區。園內設有高架木棧道，讓學生能在樹頂高度近距離觀察野生樹熊的日常生活，同時也介紹牠們的生態、習性與保育工作。
- 傍晚觀賞神仙小企鵝歸巢 (神仙小企鵝從海中歸巢，沿沙灘步行回到自己的洞穴。學生在安全護欄旁觀察企鵝的自然行為，瞭解它們的生活習性和生態環境。)
- 晚餐
- 返回酒店休息

第四天：穿著整齊便服



Day 5
22 June
Mon

- 早餐於酒店內
- 原住民文化徒步之旅 (含英文導覽) —— 1小時該活動由經驗豐富的原住民文化導覽員帶領，沿著Birrarung Marr (迷霧之河) 步道行進，深入瞭解Kulin Nation原住民的歷史與文化。
- 遊覽原霍西巷塗鴉街
- 午餐
- 遊覽聖巴特利爵主教座堂
- St Kilda海灘和彩虹小屋
- 晚餐
- 返回酒店休息

第五天：穿著整齊便服

行程 Itinerary

Day 6 23 June Tue	● 早餐於酒店內 ● 探索疏芬山金礦鎮【澳洲文化及保育】(重現 19 世紀淘金熱時期的露天歷史小鎮) ● 午餐 ● 參觀菲滋洛伊花園【澳洲藝術創作 ● 晚餐 ● 返回酒店休息 ## 第六天：穿著整齊便服
Day7 24 June Wed	● 早餐於酒店內 ● 維多利亞女王市場探索之旅 (含英文導覽) —— 約1小時 ● 參觀墨爾本海洋生物水族館【澳洲保育】 ● 參觀墨爾本博物館 (包英文導覽) 是澳大利亞最大的博物館之一，坐落於卡爾頓花園，展示豐富的自然歷史、文化遺產和科學探索內容。 ● 參觀維多利亞州立圖書館 ● 晚餐 ● 返回酒店休息 ## 第七天：穿著整齊便服
Day 8 25 June Thu	● 清晨前往機場 (外攜餐盒) ● 乘直航客機返回香港 (航班：CX134 07:25/14:55) ● 客機返抵香港機場 ● 提取行李後, (機場或學校解散) ## 第八天：穿著整齊便服

景點介紹 Attractions Introduction

墨爾本大學 The University of Melbourne

是澳大利亞頂尖名校，創立於1853年，以卓越的教學與科研聞名。跟隨熱情的大學生導覽，走進墨爾本大學的歷史建築與現代校園，邊遊覽邊與大學生互動交流，聆聽他們的學習和生活故事。還可在校園餐廳體驗地道的學生用餐，感受真正的校園生活節奏。這不僅是一場知識之旅，更是一場沉浸式文化體驗，讓學生近距離感受澳大利亞頂尖名校的學術氛圍與活力校園。

The University of Melbourne, founded in 1853, is a top-tier Australian university renowned for its outstanding teaching and research. Join our guided tour with enthusiastic students through the university's historic buildings and modern campus. Interact with students, listen to their stories of learning and life, and experience authentic student dining at the campus restaurants. This is not just a journey of knowledge, but also an immersive cultural experience, allowing students to feel firsthand the academic atmosphere and vibrant campus of Australia's leading university.



聯邦廣場 Federation Square

聯邦廣場不僅僅是一個公共廣場，它更是墨爾本的精神核心與文化樞紐。自2002年正式對外開放以來，聯邦廣場便以其大膽前衛、獨樹一幟的不規則幾何建築設計聞名於世。它成功地將鋼鐵、鋅片、砂岩及玻璃等材質完美融合，打破了傳統建築的對稱框架，成為21世紀墨爾本最具代表性的新地標。

Federation Square is more than just a public square; it is the spiritual core and cultural hub of Melbourne. Since its official opening in 2002, Federation Square has been renowned for its bold, avant-garde, and unique irregular geometric architectural design. It successfully integrates materials such as steel, zinc sheets, sandstone, and glass, breaking the symmetrical framework of traditional architecture and becoming one of Melbourne's most representative new landmarks in the 21st century.

景點介紹 Attractions Introduction

大洋路 Great Ocean Road

大洋路是一條位於澳洲東南海岸、長 240 公里的公路，被列入澳洲國家遺產名錄。這條路由歸來的士兵於 1919 年至 1932 年間修建，以紀念第一次世界大戰中陣亡的士兵，是世界上最大的戰爭紀念碑。

The Great Ocean Road is an Australian National Heritage-listed 240-kilometre stretch of road along the south-eastern coast of Australia. Built by returned soldiers between 1919 and 1932, and dedicated to soldiers killed during World War I, the road is the world's largest war memorial.



阿波羅灣海邊小鎮 Apollo Bay

阿波羅灣位於大洋路 Great Ocean Road 上，距離墨爾本西南約 200km。阿波羅灣是一個人口約1800人的小鎮。這個小鎮位於一個避風的海灣，四周被連綿起伏的丘陵和茂密的森林所環繞。此外，這裡更是探索大洋路 Great Ocean Road 和周邊地區的熱門基地，更吸引了不少釣魚、游泳、衝浪和遠足愛好者。



Apollo Bay is located on the Great Ocean Road, approximately 200km southwest of Melbourne. It's a small town with a population of about 1800. Nestled in a sheltered bay, it's surrounded by rolling hills and dense forests. Furthermore, it's a popular base for exploring the Great Ocean Road and the surrounding area, attracting many fishing, swimming, surfing, and hiking enthusiasts.

十二使徒石 The Twelve Apostles

十二使徒岩是位於澳洲維多利亞州大洋路坎貝爾港國家公園海岸外的一組石灰岩柱。

The Twelve Apostles are a collection of limestone stacks off the shore of Port Campbell National Park, by the Great Ocean Road in Victoria, Australia.



洛克阿德大峽谷 Loch Ard Gorge

洛克阿德大峽谷 (Loch Ard Gorge) 又稱為“阿德湖峽”，是一個綜合景區，在這裡您可以近距離觀賞峽穀的岩石景觀，並可以順著峽穀懸梯下到海邊，漫步賞景。 Loch Ard Canyon, also known as "Lake Ard Canyon," is a comprehensive scenic area where you can get up close to the canyon's rock formations and descend the canyon's suspension ladder to the sea for a leisurely stroll and enjoy the scenery.



普芬比利蒸汽火車 Puffing Billy Railway

普芬比利是澳大利亞最古老的蒸汽鐵路之一，自1900年開通以來仍以蒸汽動力運營。乘坐這列經典開放式蒸汽火車，學生不僅可以沉浸於百年鐵路的歷史文化，還能欣賞沿途的自然風光。

Puffing Billy Railway is one of Australia's oldest steam railways, still operating steam-powered since its opening in 1900. A ride on this classic open-air steam train allows students to immerse themselves in the history and culture of this century-old railway while enjoying the natural scenery along the way.



景點介紹 Attractions Introduction

樹熊保護中心 Koala Conservation Centre

樹熊保護中心是菲利普島自然公園的一部分，主要目標是保護和恢復無尾熊的自然棲息地並為牠們提供安全的環境。中心設有專門的高架步道和觀景平台，遊客可以從這些步道上安全且近距離地觀察無尾熊在樹上活動。由於無尾熊大部分時間都在睡覺或休息，這些平台提供了非常好的視角，讓遊客有更多機會觀察牠們自然的行為。

The Koala Conservation Centre is part of the Phillip Island Nature Park and its main goal is to protect and restore the natural habitat of koalas and provide them with a safe environment. The center has special elevated walkways and viewing platforms from which visitors can safely and closely observe koalas in the trees. Since koalas spend most of their time sleeping or resting, these platforms provide great vantage points and give visitors more opportunities to observe their natural behavior.



菲利浦島自然公園企鵝歸巢 Phillip Island Penguin Parade

菲利浦島 (Phillip Island) 的企鵝歸巢是個經典的野生動物景點，每天黃昏時分，數百隻小企鵝搖搖擺擺地從海裡走上岸，沿沙灘步行回到自己的洞穴。吸引遊客前來親眼目睹這場適合闔家觀賞的自然奇觀。

The penguin parade on Phillip Island is a classic wildlife attraction where, every evening at dusk, hundreds of little penguins waddle ashore and walk along the beach back to their burrows. This natural spectacle attracts visitors who come to witness this family-friendly spectacle.



景點介紹 Attractions Introduction

霍西爾巷塗鴉街 Hosier Lane

霍西爾巷 (Hosier Lane) 是澳大利亞維多利亞州墨爾本的一條巷道，位於中央商務區南部邊緣，位於弗林德斯街和弗林德斯巷 (Flinders Lane) 之間，聯邦廣場入口對面。自20世紀90年代末以來，霍西爾巷因街頭藝術而成為一個展現墨爾本特色的街頭藝術景點。

Hosier Lane is a laneway in Melbourne, Victoria, Australia, located on the southern edge of the CBD, between Flinders Street and Flinders Lane, opposite the entrance to Federation Square. Since the late 1990s, Hosier Lane has become a street art attraction showcasing Melbourne's unique character.



聖巴特利爵主教座堂 St. Patrick's Cathedral

是維多利亞州最大的天主教教堂，也是澳大利亞最重要的新哥特式建築之一。教堂始建於1858年，它不僅是宗教禮拜的中心，也是城市文化與歷史的重要象徵。

St. Patrick's Cathedral is the largest Catholic church in Victoria and one of Australia's most important Neo-Gothic buildings. Construction began in 1858, and it is not only a center for religious worship but also an important symbol of the city's culture and history.



聖科達海灘 St Kilda Beach

聖基爾達海灘是一個海灘，位於澳大利亞維多利亞州菲利普港市聖基爾達，在墨爾本市中心以南6公里。這是墨爾本最著名的海灘。沙灘長約 700 公尺，位於菲利普港灣東北角，雖然免受海潮的衝擊，但仍然受到西風和定期潮汐的影響。聖基爾達海水浴場位於海灘。聖基爾達碼頭是另一個地標。



St Kilda Beach is a beach located in St Kilda, Port Phillip Bay, Victoria, Australia, 6 kilometers south of Melbourne's city center. It is Melbourne's most famous beach. The beach is approximately 700 meters long and situated at the northeast corner of Port Phillip Bay. While sheltered from the main tides, it is still affected by westerly winds and regular tides. St Kilda Beach is located on the beach. St Kilda Marina is another landmark.



彩虹小屋 Brighton Bathing Boxes

彩虹小屋 (Brighton Bathing Boxes) 位於澳洲維多利亞州墨爾本市中心東南方約11至13公里處的布萊頓海灘 (Brighton Beach) 上。更精確地說，這排色彩繽紛的木屋群，是坐落於布萊頓海灘與丹迪街海灘 (Dendy Street Beach) 交界一帶的菲利普港灣 (Port Phillip Bay) 沿岸。

The Brighton Bathing Boxes are located on Brighton Beach, about 11 to 13 kilometers southeast of Melbourne's city center in Victoria, Australia. More precisely, this cluster of colorful wooden houses is situated along the Port Phillip Bay waterfront, at the junction of Brighton Beach and Dendy Street Beach.

疏芬山淘金鎮 Sovereign Hill

疏芬山是位於澳洲維多利亞州巴拉瑞特郊區黃金點的一座露天博物館。疏芬山 (Sovereign Hill) 描繪了巴拉瑞特 (Ballarat) 自 1851 年發現黃金後的十年。Sovereign Hill is an open-air museum in Golden Point, a suburb of Ballarat, Victoria, Australia. Sovereign Hill depicts Ballarat's first ten years after the discovery of gold there in 1851.



費茲洛伊花園 Fitzroy Gardens

費茲洛伊花園 是墨爾本面積最大的公園。該園初建於1857年，規劃為英國國旗圖案，後幾經整新，種植樹木，規劃步道，使該園更富天然情趣。園內充滿濃蔭綠意，十分清幽雅致。著名的庫克小屋就在該園內，距離庫克小屋不遠的地方，有一座全年花團錦簇的溫室，供遊客免費參觀，每年舉辦5場主要植物展覽會。

Fitzroy Gardens is the largest park in Melbourne. The park was first built in 1857 and designed in the pattern of the British flag. It has been renovated several times, with trees planted and trails planned to make the park more natural. The garden is full of lush greenery, very quiet and elegant. The famous Cook Cottage is located in the park. Not far from the Cook Cottage is a greenhouse full of flowers all year round, which is free for tourists to visit and hosts five major plant exhibitions every year.



景點介紹 Attractions Introduction

Market 維多利亞女皇市場 Queen Victoria

維多利亞女皇市場位於澳洲的墨爾本市，為南半球最大規模的露天市場，全球第三大規模的露天市場，亦是世界上著名旅遊景點之一。市場由1857年起開始運作至今，是唯一現存在墨爾本市中心內的19世紀市場，主要提供海鮮、肉類、蔬菜、生果等新鮮食品，並且設有雜貨區域，販賣各種廉價的衣服鞋襪及相關旅遊手信。 Queen Victoria Market is located in Melbourne, Australia. It is the largest open-air market in the Southern Hemisphere and the third largest open-air market in the world. It is also one of the world's famous tourist attractions. The market has been in operation since 1857 and is the only 19th century market still existing in the center of Melbourne. It mainly provides fresh food such as seafood, meat, vegetables, fruits, etc., and has a grocery area selling a variety of cheap clothes, shoes and related tourist souvenirs.



墨爾本海洋生態水族館 SEA LIFE Melbourne Aquarium

墨爾本海洋生物水族館 (Sea Life Melbourne Aquarium) 是一座位於澳大利亞墨爾本亞拉河邊的水族館，由默林娛樂持有。水族館里不僅包含鯊魚、海龜等海洋生物，也有國王企鵝和巴布亞企鵝等生物生活的真實冰雪世界。

Sea Life Melbourne Aquarium is a Southern Ocean and Antarctic aquarium in central Melbourne, Australia. It is located on the banks of the Yarra River beside and under the Flinders Street Viaduct and the King Street Bridge. The attraction is a Sea Life Centre owned by Merlin Entertainments.



墨爾本博物館 Melbourne Museum

墨爾本博物館是澳洲維多利亞州最大的博物館，位於墨爾本市中心的卡爾頓花園內。博物館成立於1854年，收藏了豐富的自然、文化和科學文物，展示了澳大利亞和世界的歷史和文化遺產。墨爾本博物館收藏了超過170萬件文物，其中包括澳大利亞原住民文化物品、動物標本、化石、珍貴的歷史文物和藝術品等。博物館的展覽涵蓋了各種主題，包括人類演化、動物世界、科技進步、澳洲歷史和文化。博物館還擁有一個古生物館，展示了恐龍和其他古生物化石。墨爾本博物館佔地超過80,000平方米，有多個展覽廳和展示空間，包括露天庭院、劇場和教育中心。

The Melbourne Museum, the largest museum in Victoria, Australia, is located in Carlton Gardens in the heart of Melbourne. Founded in 1854, the museum houses a rich collection of natural, cultural, and scientific artifacts, showcasing the history and cultural heritage of Australia and the world. The museum's collection comprises over 1.7 million items, including Aboriginal cultural artifacts, animal specimens, fossils, precious historical objects, and works of art. Exhibitions cover a wide range of themes, including human evolution, the animal world, technological advancements, and Australian history and culture. The museum also features a paleontology gallery displaying fossils of dinosaurs and other ancient creatures. Spanning over 80,000 square meters, the Melbourne Museum has numerous exhibition halls and spaces, including an open-air courtyard, a theatre, and an educational centre.



維多利亞州立圖書館 State Library Victoria

維多利亞州立圖書館成立於1854年，擁有將近快200年的歷史，館藏超過2000萬冊書籍、手稿、地圖、報紙、雜誌、音樂和其他文獻，這些資料涵蓋了多個領域，包括文學、歷史、科學、藝術和澳洲社會的發展。是世界參觀者數第四多的圖書館。維多利亞州立圖書館為當地建築師Joseph Reed設計，他還設計了墨爾本市政廳。

The State Library of Victoria was established in 1854 and has a history of nearly 200 years. It has a collection of more than 20 million books, manuscripts, maps, newspapers, magazines, music and other documents. These materials cover many fields, including literature, history, science, art and the development of Australian society. It is the fourth most visited library in the world. The State Library of Victoria was designed by local architect Joseph Reed, who also designed Melbourne Town Hall.

